



2017

Fall Edition

What Even is the BLUE RIBBON?

By: Emma Holland



To start off, our school was named an official Blue Ribbon School of Excellence this past year. What does this title mean to you? Probably not that much. It has been shown that students here at East have little to no knowledge regarding the award. When asked about the blue ribbon, an overwhelming majority admitted they barely knew anything other than its name, while a few others had no idea what the award was at all.



East has represented this award three times since it was instituted almost thirty years ago. For the first time in 1987, then again in 1993, and now, twenty years after the first award, East has been chosen in 2017. For two decades, East High School has maintained the necessary Blue Ribbon characteristics. Two decades of students, teachers, and a withstanding community inside a school have kept the worthy characteristics alive for twenty years. One has to admit, that's pretty impressive.

The award has a purpose. The award has meaning. It celebrates schools that demonstrate positive atmospheres, actively prepare children for their futures, and maintain an overall strong academic reputation. Basically, it celebrates what we carry and what we accomplish as students, whether we choose to or not. East holds almost 1,300 students and 160 staff members. The purpose and meaning of this award is simply to symbolize the community placed inside this school by those students, teachers, and administrators.

Whether or not you know, or care, about the award, acknowledge the fact that it acknowledges you, your classmates, your family, your teachers, and your school.



Fall At East

Misinterpreting Senior Year

By: Alexa Leggett



Senior year is what students see as a year of no homework, football games, and senior privileges. Yes, all of those things are happening, in a way. But what nobody realizes is that you still have to try, which was lost in translation with many.

School is hard. Add in college applications, extracurricular activities, jobs, sports, etc., one's life can get pretty crazy.

SAVE THE DATES!

11/22 – 11/24 Thanksgiving Break

11/29 End of First Trimester

12/2 December SAT

12/14 Two Hour Delay for East Students



East Spirit



Recipes



Autumn Snack Mix

- 2 cups Kix® cereal
- 2 cups small square pretzels
- 2 cups teddy bear-shaped chocolate graham snacks
- 1 cup freeze-dried cinnamon apples
- 1 cup candy-coated peanut butter pieces
- 1 box (7.5 oz) crunchy caramel-coated popcorn with peanuts

In large bowl, mix all ingredients. Store in airtight container. Enjoy!



Pumpkin Gingerbread

- 3 cups sugar
- 1 cup vegetable oil
- 4 eggs
- 2/3 cup water
- 1 (15 ounce) can pumpkin puree
- 2 teaspoons ground ginger
- 1 teaspoon ground allspice
- 1 teaspoon ground cinnamon
- 1 teaspoon ground cloves
- 3 1/2 cups all-purpose flour
- 2 teaspoons baking soda
- 1 1/2 teaspoons salt
- 1/2 teaspoon baking powder

Preheat oven to 350 degrees F (175 degrees C). Lightly grease two 9x5 inch loaf pans.

In a large mixing, combine sugar, oil and eggs; beat until smooth. Add water and beat until well blended. Stir in pumpkin, ginger, allspice cinnamon, and clove.

In medium bowl, combine flour, soda, salt, and baking powder. Add dry ingredients to pumpkin mixture and blend just until all ingredients are mixed. Divide batter between prepared pans.

Bake in preheated oven until toothpick comes out clean, about 1 hour.

Sources: Buzzfeed



Editor: Emma Holland

Teacher Advisor: Mr. Niedziejko

Writers: Alexa Leggett

Look Out for Our Upcoming
Holiday Issue!